

# Bio

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## **Karen Triola**

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Karen Triola is an Organizational Development Consultant with Caliper and has well-developed expertise as a platform trainer and learning and development manager. Karen honed her skills in over 10 years of experience with leading organizations in the insurance and entertainment industries. She brings an in-depth understanding of HR topics, instructional design, and excellent presentation skills to her partnerships with Caliper clients.

Prior to joining Caliper, Karen partnered with leadership teams to develop relevant and innovative solutions for producing the highest levels of employee performance. Her areas of expertise included management development, team-building, employee engagement, and career planning.

Ms. Triola holds a Bachelor's degree in Communication from Douglass College, Rutgers University and her Professional for Human Resources Certificate (PHR). She also spearheaded and served as Toastmaster President for her local chapter (2010).

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