

STAND TALL

BIO

Sara Krisher is a Confidence Coach, Speaker, Trainer, and the Founder of STAND TALL, a confidence building company. She is dedicated to teaching leaders how to lead from the front of the room with confidence.

Sara Krisher's sixteen year career in commercial office furniture sales offered her the opportunity to experience hundreds of small company vendor interviews as well as multimillion dollar projects. Sara is the former Director of Spoken Impact where she led the speaking group program. She worked with over 240 business professionals in the Twin Cities in improving as presenters.

Sara is a professional member of the National Speaker's Association. She is a Master trained Coach through Learning Journeys International Center of Coaching. Sara holds the Associate Certified Coach credential through the International Coach Federation and is the 2017 President of the ICF Minnesota Chapter.

