



MENTORING

ASPIRATIONS • INFLUENCE • SUCCESS



The importance of mentoring

- > “Mentoring is to support and enhance people to manage their own learning in order that they may maximize their potential, develop their skills, improve their performance and become the person they want to be.”
– *Eric Parsloe, The Oxford School of Coaching & Mentoring*
- > “Mentoring is a developmental partnership through which one person shares knowledge, skills, information, and perspective to foster the personal and professional growth of someone else.”
– *American Speech Language-Hearing Association*

Mentors: Who are you?

- > You are a good role model
- > You are a strong job performer
- > You demonstrate strong interpersonal & communication skills
- > You have a deep breadth of knowledge & experience in the Medical industry

Why Participate in a Mentoring Program?

Leadership traits are not something that people are born with; becoming a leader is a process that requires learning, growing, and establishing a specific skill set. The PWH mentoring program provides an ideal opportunity for any women to develop and improve those leadership skills that are required in your career and personal life.

Mentees: Who are you?

- > You are an aspiring leader
- > You have an innate desire to learn and grow
- > You are dedicated and committed
- > You are open to alternative views and perspectives



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How Do I Get Involved

- > To take part in this opportunity, visit the PWH website mentoring page.

Requirements

What to expect: After you sign up using the link on the mentoring web site page, if you are a mentee we will reach out to schedule a 1-on-1 call to talk to you then match you with a mentor. If you are a mentor, once you have signed up we will reach out to you once we have a mentee to match you with.

Outcomes

- > Develop new relationships within PWH and the Healthcare Industry
- > Enhance your visibility and credibility within the industry
- > Mentees will learn from the experience of established women leaders
- > Mentors will assist emerging leaders to develop to their potential

For additional information visit the PWH website at www.mypwh.org.

Values

- > What motivates you?
- > Your “happy place”/self worth

Strengths

- > What do you do really well?
- > Your focused energy

Aspirations

- > How will you leverage your values & strengths to achieve your short & long-term goals?
- > Your “picture future” / check for alignment

“Let’s take this journey together”